

ST MARY'S SCHOOL CANTEEN - PRICE LIST TERM 1, 2010

ROLLS, SANDWICHES OR WRAPS		
Bread & Rolls are Wholegrain unless white is requested		
Salad -Cheese, tomato, beetroot, carrot and lettuce		\$3.60
Salad with ham / chicken / tuna		\$4.10
Tuna / ham / chicken / cheese / egg		\$2.60
Vegemite / honey / jam		\$2.10
Extras eg. Pineapple, Cheese, Tomato etc		.30c
DRINKS		
Water	Large	\$1.80
Prima Juice Drink –Assorted flavours		\$1.50
Macquarie Juice – (orange or apple,)		\$1.20
Flavoured Milk	small	\$1.90
	large	\$3.10
(Chocolate, Strawberry, Coffee,)		
Nippy Low Fat Milk	small	\$1.90
(Strawberry, chocolate)		
Play Sports Water		\$2.60
Flavoured Mineral Water (Apple & Raspberry, Lemon & Lime, or Orange)		\$1.90
Slush Puppie		
(Grape, lemon & lime, raspberry, strawberry, orange or apple juice)		
	medium	\$2.50
Rainbow (all flavours)	small	\$1.50
Shocker Shot with Slush Puppie	per shot	.20c
FROZEN FOOD		
ICE-CREAMS CAN BE PAID FOR ON LUNCH ORDERBAGS & WILL BE MARKED "TO COLLECT"		
NO BAG - NO ICE-CREAM- NO EXCEPTIONS		
Smile – piece of frozen orange		.05c
Zing -Yoghurt and Fruit Tube		.50c
100% Juice cup with spoon(Orange, Apple, or Apple & Blackcurrant)		.50c
Calippo		.80c
Icy pole – Lemonade		.90c
Plain ice cream cup		\$1.00
Paddle Pop – Chocolate, Rainbow & Banana		\$1.20
Frozen Fruit Yoghurt		\$1.30
Frozen Prima with spoon (assorted flavours)		\$1.50
Paddle Pop Frozen Thick Shake		\$2.00

HOT FOOD		
Chicken Burger – A chicken burger in a roll with mayonnaise & lettuce		\$3.60
"Simmo" Burger- A chicken burger, mayonnaise & salad		\$4.60
Twirls – spiral noodles with bolognaise sauce		\$2.90
Lasagne		\$2.90
Macaroni & Cheese		\$2.90
Dim Sims (steamed only)		.70c
(NOT ON FRIDAYS)		
Corn Cobette		.90c
Yamba Roll – ham & cheese heated in a roll		\$3.10
Hot Chicken Roll		\$2.60
Garlic Roll		\$2.10
Pizza (ham and cheese only)		\$2.60
Chicken Royale		\$1.90
Pies / Pasties		\$2.60
Sausage Roll		\$1.60
Party Pie / Pastie		\$1.00
NO SAUCE IS ADDED UNLESS REQUESTED		.10c
10c EXTRA FOR SAUCE PLEASE		
SNACK FOOD		
No lollies are sold at the canteen.		
A note from home will be needed for Butter Menthols.		
Butter Menthols		.40c pkt
Apple Slinky small only		.20c
Fruit in season		.60c
J.J's- chicken, Pizza, salt and vinegar, burger		.90c
Iced Fruit Bun - buttered	full	\$1.50
	half	.80c
Apple cake		\$1.50
Gingerbread Boy/Girl		\$1.50
Custard tart		\$2.00
Large Apple Pie		\$2.00
For sale		
Apple Peeler/Corer "Slinky" Machine		
\$40.00		
Inquire at front Office or Canteen		
TUESDAY ONLY		
3 Chicken Nuggets		\$ 1.20
10c Extra for Sauce		

CANTEEN OPERATION

The Canteen is open every day for ORDERS as well as RECESS and LUNCH SALES

STAFF

Our Canteen Manageress is Trudy Travaglia. Trudy is assisted by Deanne Verbeek and they are available to answer any queries you may have regarding the canteen and can be contacted on 50332541 during school hours.

HELPERS NEEDED

The Canteen requires as many helpers as possible to run our canteen. If all families could provide a helper (Mum or Dad) at least twice a year rosters would be filled quickly. If you could assist us please contact Trudy or Deanne.

HOW TO ORDER YOUR LUNCH

Orders are to be written by a parent on a clean brown paper bag in pen.

Bags are available from the canteen
250 bags for \$2.50 plain
100 bags for \$5.00 pre paid

A fee of 10c is charged if there is no bag.

Fill out lunch bag with:

Students Name, Year Level & Room

Items ordered & price

Total Cost

Amount of Money enclosed

change if required

Example:

Fred Smith Year 6A

Salad Sandwich	\$3.60
Large Water	<u>\$1.80</u>
Total	<u>\$5.40</u>
Enclosed	\$6.00
Change	.60c

CORRECT CHANGE APPRECIATED

Any shortfall in payment will be recorded in the IOU book and a note sent home for payment. Prompt repayment would be appreciated. If your child hasn't any lunch for whatever reason, a note must come from his/her teacher, or we cannot supply. Lunch must still be paid for.

PRICE CHANGES

From time to time changes to prices are made beyond our control, these are put on the newsletter – please alter these on this price list as they occur.

HEALTHY EATING

The Canteen operates under a Healthy Eating Policy. In order to promote this a 'Student of the Week' is given out for healthy eaters.

PRE PAID SYSTEM

The Canteen runs an optional pre payment system whereby parents may place money on an account for their child's lunch orders.

Prepaid orders must have prepaid bags.

These are available from the canteen or office

100 bags for \$5.00

If you would like more information please contact the office.

FROZEN FOOD

Frozen items can be paid for with order but must be collected from the Canteen on presentation of bag by your child.

NO BAG – NO ITEM.

Orders are placed in the lunch order tubs in the classroom and are taken across to the canteen by 9.30am.

All orders will be sent to your child's classroom just before the lunchtime bell. Anything missing from lunch order **should be shown to a teacher** who will make a note for us to correct.

DONATIONS

Donations of any **fruit, vegetables or tomatoes** are welcome at any time.

